

SOLAL® PROBIOTIC MAXIMUM POTENCY

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

SOLAL PROBIOTIC MAXIMUM POTENCY, capsule

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU SOLAL PROBIOTIC MAXIMUM POTENCY is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use SOLAL PROBIOTIC MAXIMUM POTENCY carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share SOLAL PROBIOTIC MAXIMUM POTENCY with any other person.
- Ask your pharmacist if you need more information or advice.

WHAT SOLAL PROBIOTIC MAXIMUM POTENCY CONTAINS

The active substances are:	
<i>Lactobacillus acidophilus</i>	5,3 billion cfu
<i>Lactobacillus sporogenes</i>	2,0 billion cfu
<i>Saccharomyces cerevisiae</i>	1,2 billion cfu
<i>Bifidobacterium lactis</i>	260 million cfu
Prebiotic fibre	50 mg
Digestive enzymes (non-animal origin)	45 mg
Amylase	1575DU
Protease	7000 HUT
Invertase	55 SU
Malt diastase	113 DP
Lipase	125 FIP
Cellulase	140 CU
Lactase	75 ALU

The other ingredients are: Hypromellose, magnesium stearate, magnesium silicate and microcrystalline cellulose.

WHAT SOLAL PROBIOTIC MAXIMUM POTENCY IS USED FOR

Category D Complementary Medicine
Discipline 34.9 Health Supplements. Probiotics

BEFORE YOU TAKE PROBIOTIC MAXIMUM POTENCY

Do not take SOLAL PROBIOTIC MAXIMUM POTENCY if you are hypersensitive (allergic) to any of the ingredients. Individuals with an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment), should not use SOLAL PROBIOTIC MAXIMUM POTENCY. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

TAKE SPECIAL CARE WITH SOLAL PROBIOTIC MAXIMUM POTENCY

If you experience fever, vomiting, bloody diarrhoea or severe abdominal pain consult a health care practitioner prior to use.
If symptoms of digestive illness (e.g. diarrhoea) occur and/or persists beyond 3 days, discontinue use of the product and consult a healthcare provider.

PREGNANCY AND BREASTFEEDING

If you are pregnant or breastfeeding your baby, please consult your healthcare provider for advice before taking this medicine.

IMPORTANT INFORMATION ABOUT SOME OF THE INGREDIENTS OF SOLAL PROBIOTIC MAXIMUM POTENCY

Sugar free
Allergen: Dairy, lactose

TAKING OTHER MEDICINES WITH PROBIOTIC MAXIMUM POTENCY

Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE SOLAL PROBIOTIC MAXIMUM POTENCY

Do not share medicines prescribed for you with any other person. Always take SOLAL PROBIOTIC MAXIMUM POTENCY exactly as instructed. You should check with your doctor or pharmacist if you are unsure.
The usual dose is:
Adults and children 6 years and older: everyday general gut health: take 1 capsule daily.
For intensive therapy for gastro-intestinal complaints: Take 1-2 capsules twice daily. Take with a meal, or up to 30 minutes before a meal.

IF YOU TAKE MORE SOLAL PROBIOTIC MAXIMUM POTENCY THAN YOU SHOULD

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE A DOSE OF SOLAL PROBIOTIC MAXIMUM POTENCY

Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS

SOLAL PROBIOTIC MAXIMUM POTENCY can have side effects.

Side effects may include gastrointestinal upset. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF PROBIOTIC MAXIMUM POTENCY

Store all medicines out of reach of children.
Store at or below 25 °C.
Store in the original package / container.
Keep the container tightly closed.
Protect from moisture.
Do not store in a bathroom.
Do not use after the expiry date stated on the label / carton / bottle.
Do not use SOLAL PROBIOTIC MAXIMUM POTENCY if you notice visible signs of deterioration.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF SOLAL PROBIOTIC MAXIMUM POTENCY

A white plastic container with white plastic screw cap and seal for protection, containing either 30 or 60 capsules.

IDENTIFICATION OF SOLAL PROBIOTIC MAXIMUM POTENCY

Clear SOLAL-branded (black ink) capsule containing mottled white to beige powder.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

PROFESSIONAL INFORMATION

For further information refer to the Professional Information of the product.

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Consumer Brands (Pty) Ltd
31 Georgian Crescent East
Bryanston, Gauteng 2191
South Africa
+27 11 036 9420

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA

SOLAL® PROBIOTIC MAXIMUM POTENCY

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS

Ongeskeduleer

HANDELSNAAM EN DOSEERVORM

SOLAL PROBIOTIC MAXIMUM POTENCY, kapsule

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR AANGESIEN DIT BELANGRIKE INLIGTING VIR JOU BEVAT.

SOLAL PROBIOTIC MAXIMUM POTENCY is sonder 'n dokters-voorskriit beskikbaar om jou vir 'n geringe siekte te behandel. Desnieteenstaande moet jy egter nog steeds SOLAL PROBIOTIC MAXIMUM POTENCY versigtig gebruik om die beste resultate te verkry.

- Hou hierdie voubljet, dit mag dalk nodig wees om dit weer te lees.
- Moenie SOLAL PROBIOTIC MAXIMUM POTENCY met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidsorgpraktisyn indien jy meer inligting of advies benodig.

WAT PROBIOTIC MAXIMUM POTENCY BEVAT

Die aktiewe bestanddele is:	
<i>Lactobacillus acidophilus</i>	5,3 biljoen kve
<i>Lactobacillus sporogenes</i>	2,0 biljoen kve
<i>Saccharomyces cerevisiae</i>	1,2 biljoen kve
<i>Bifidobacterium lactis</i>	260 miljoen kve
Prebiotiese vesel	50 mg
Verteringsensieme (nie-dierlike oorsprong)	45 mg
Amilase	1575 DU
Protease	7000 HUT
Invertase	55 SU
Moutdiastase	113 DP
Lipase	125 FIP
Sellulase	140 CU
Laktase	75 ALU

Die ander bestanddele is: Hipromellose, magnesiumstereaat, magnesiumsilikaat en kleinkristal-sellulose

WAARVOOR SOLAL PROBIOTIC MAXIMUM POTENCY GEBRUIK WORD

Kategorie D Komplementêre Medisyne
Dissipline 34.9 Gesondheidsaanvullings. Probiotika

VOORDAT SOLAL PROBIOTIC MAXIMUM POTENCY GEBRUIK WORD

Moenie SOLAL PROBIOTIC MAXIMUM POTENCY gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie. Pasiënte met 'n onderdrukte immuunstelsel (bv. VIGS, limfoom en pasiënte op langtermyn kortikosteroïedbehandeling) moet nie SOLAL PROBIOTIC MAXIMUM POTENCY gebruik nie. Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

NEEM SPESIALE SORG MET SOLAL PROBIOTIC MAXIMUM POTENCY

Indien jy koors, braking, bloederige diarree of erge abdominale pyn ondervind, moet jy jou gesondheidsorgpraktisyn raadpleeg voordat jy SOLAL PROBIOTIC MAXIMUM POTENCY gebruik. Indien simptome van spysverteringsongesteldheid (bv. diarree) voorkom en/of dit vir langer as drie dae aanhou, moet jy die gebruik van die produk staak en jou gesondheidspraktisyn kontak.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou dokter, apteker of gesondheidsorgpraktisyn voordat jy hierdie medisyne gebruik indien jy swanger is of jou baba borsvoed.

BELANGRIKE INLIGTING IN VERBAND MET SOMMIGE VAN DIE BESTANDELE IN SOLAL PROBIOTIC MAXIMUM POTENCY

Suikervry
Allergene: Suivel, laktose

AS JY ANDER MEDISYNE SAAM MET SOLAL PROBIOTIC MAXIMUM POTENCY NEEM

Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM PROBIOTIC MAXIMUM POTENCY TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Neem SOLAL PROBIOTIC MAXIMUM POTENCY altyd presies soos aanbeveel. Bevestig met jou dokter of apteker indien jy onseker is.

Die normale dosis is:

Volwassenes en kinders van 6 jaar en ouer:
Daaglikse dermgesondheid: Neem 1 kapsule daaglik.
Vir intensiewe terapie vir spysverteringsprobleme: Neem 1 tot twee kapsules per dag. Neem tydens 'n maaltyd of tot 30 minute voor 'n maaltyd.

INDIEN JY MEER SOLAL PROBIOTIC MAXIMUM POTENCY GEBRUIK AS WAT JY BEHOORT

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteker. Indien geen een beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum. Indien jy vergeet om SOLAL PROBIOTIC MAXIMUM POTENCY te neemMoenie 'n dubbele dosis neem om vir oorgeslane dosisse te vergoed nie.

MOONTLIKE NEWE-EFFEKTE

SOLAL PROBIOTIC MAXIMUM POTENCY kan moontlik newe-effekte veroorsaak.
Newe-effekte soos spysverteringsongesteldheid kan moontlik voorkom.

Nie alle newe-effekte wat vir hierdie medisyne aangemeld is, word in hierdie voubljet genoem nie. Indien jou algemene gesondheid verswak of indien jy enige nadelige effekte ondervind terwyl jy hierdie medikasie gebruik, moet jy asseblief jou gesondheidsorgpraktisyn raadpleeg.
Indien jy enige newe-effekte waarneem wat nie in hierdie voubljet genoem word nie, moet jy jou dokter of apteker daarvan vertel.

BERGING EN WEGDOEN VAN SOLAL PROBIOTIC MAXIMUM POTENCY

Bewaar alle medikasie buite bereik en sig van kinders.
Bewaar teen of benede 25 °C.
Bewaar in die oorspronklike houer.
Maak die houer dig toe.
Beskerm teen vog.
Moenie die produk in die badkamer bewaar nie.
Moenie na die vervaldatum wat op die houer aangedui is, gebruik nie.
Moenie SOLAL PROBIOTIC MAXIMUM POTENCY gebruik indien jy enige sigbare tekens van agteruitgang in die produk opmerk nie.
Besorg enige ongebruikte medisyne aan jou apteker terug.
Moenie van ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) ontslae raak nie.

AANBIEDING VAN SOLAL PROBIOTIC MAXIMUM POTENCY

'n Wit plastiekhouer met 'n wit plastiekskroefdop en seël vir beskerming, wat of 30 of 60 kapsules bevat.

IDENTIFIKASIE VAN SOLAL PROBIOTIC MAXIMUM POTENCY

Deurskynende kapsule met 'n (swart ink) SOLAL-handelsmerk wat gespikkelde wit tot beige poeier bevat.

REGISTRASIENOMMER

TBA

DATUM VAN PUBLIKASIE

TBA

PROFESIONELE INLIGTING

Verwys na die voubljet met professionele inligting vir meer inligting.

NAAM EN BESIGHEIDSAADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Ascendis Consumer Brands (Pty) Ltd
31 Georgian Crescent East
Bryanston, Gauteng 2191
South Africa
+27 11 036 9420

DATUM VAN PUBLIKASIE VAN DIE PROFESIONELE INLIGTING

TBA

SOLAL® PROBIOTIC MAXIMUM POTENCY

PROFESSIONAL INFORMATION

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

SOLAL PROBIOTIC MAXIMUM POTENCY, capsule

COMPOSITION

Each capsule contains:	
<i>Lactobacillus acidophilus</i>	5,3 billion cfu
<i>Lactobacillus sporogenes</i>	2,0 billion cfu
<i>Saccharomyces cerevisiae</i>	1,2 billion cfu
<i>Bifidobacterium lactis</i>	260 million cfu
Prebiotic fibre	50 mg
Digestive enzymes (non-animal origin)	45 mg
Amylase	1575 DU
Protease	7000 HUT
Invertase	55 SU
Malt diastase	113 DP
Lipase	125 FIP
Cellulase	140 CU
Lactase	75 ALU

Inactive ingredients:
Hypromellose, magnesium stearate, magnesium silicate and microcrystalline cellulose.
Sugar free.

PHARMACOLOGICAL CLASSIFICATION

Category D Complementary Medicine
Discipline 34.9 Health Supplements. Probiotics

PHARMACOLOGICAL ACTION

Bifidobacterium and Lactobacillus are bacteria found in the human gastrointestinal tract. Supplementation with these bacteria restores normal microbial balance and reduces pathogenic bacteria. *Saccharomyces cerevisiae* is a non-pathogenic yeast strain used for the treatment and prevention of diarrhoea. Prebiotic fibre are polysaccharides that support the growth of bacteria and gastrointestinal health. Digestive enzymes support healthy digestion and breakdown of toxins to support gastrointestinal health.

INDICATIONS

When ingested on a regular basis, probiotics should improve or normalise the microbial balance in human intestines and thereby improve the functioning of the digestive tract.

CONTRAINDICATIONS

Individuals with an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment), should not use this product.

WARNINGS AND SPECIAL PRECAUTIONS

Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. Do not exceed recommended dosage(s) unless on the advice of a healthcare practitioner. If you suffer with fever, vomiting, bloody diarrhoea or severe abdominal pain you should consult a health care practitioner prior to use. Should symptoms of digestive upset (e.g. diarrhoea) occur and/or persists beyond 3 days, discontinue use and consult a healthcare practitioner. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

INTERACTIONS

There are no known interactions.

HUMAN REPRODUCTION

Safety during pregnancy and lactation has not been established.

DOSAGE AND DIRECTIONS FOR USE

Adults and children 6 years and older: Everyday general gut health: Take 1 capsule daily. For intensive therapy for gastro-intestinal complaints: Take 1 to 2 capsules twice daily. Take with a meal, or up to 30 minutes before a meal.

SIDE EFFECTS

Side effects may include gastrointestinal upset.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

Clear SOLAL-branded (black ink) capsule containing mottled white to beige powder.

PRESENTATION

A white plastic container with white plastic screw cap and seal for protection, containing either 30 or 60 capsules.

STORAGE INSTRUCTIONS

Store at or below 25 °C.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Ascendis Consumer Brands (Pty) Ltd
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873560/11

SOLAL®
HEALTHY AGING SPECIALISTS

A PROUD BRAND OF
Ascendis
HEALTH