

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY, powder

Read all of this leaflet carefully because it contains important information for you

A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance. SOLAL® COLLAGEN INTENSIVE SKIN THERAPY is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use SOLAL® COLLAGEN INTENSIVE SKIN THERAPY carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share SOLAL® COLLAGEN INTENSIVE SKIN THERAPY with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.

WHAT SOLAL® COLLAGEN INTENSIVE SKIN THERAPY CONTAINS

The active substances in 10 g are:
Collagen peptides (hydrolysed type I collagen) 9 880,0 mg
Sodium hyaluronate 120,0 mg

WHAT SOLAL® COLLAGEN INTENSIVE SKIN THERAPY IS USED FOR

Category D Complementary Medicine
Discipline 34.3 Health Supplements, Animal Extracts, Products and Derivatives
Restores skin collagen and stimulates new collagen growth.

Repairs, restructures, and rejuvenates skin cells.
Hydrates and protects the skin.
Improves skin suppleness and smooths wrinkles.
Promotes healthy hair, skin and nails.
Maintenance of good health and involved in protein synthesis.

BEFORE YOU TAKE SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Do not take SOLAL® COLLAGEN INTENSIVE SKIN THERAPY if you are hypersensitive (allergic) to any of the ingredients.
This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

Take special care with SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

If you have liver or kidney disease or if you have been instructed to follow a low protein diet, consult a relevant healthcare provider prior to use. Collagen in SOLAL® COLLAGEN INTENSIVE SKIN THERAPY may cause mild gastrointestinal disturbances (stomach upset).

Taking SOLAL® COLLAGEN INTENSIVE SKIN THERAPY with food and drink

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY can be taken with water. SOLAL® COLLAGEN INTENSIVE SKIN THERAPY may be added to any food or beverage of your choice (e.g. smoothies, cereal, yogurt, salad dressings or beverages), at room temperature.

Pregnancy and Breastfeeding

If you are pregnant or breastfeeding your baby, please consult your healthcare provider for advice before taking SOLAL® COLLAGEN INTENSIVE SKIN THERAPY.

Safety in pregnancy and breastfeeding has not been established.

Important information about some of the ingredients of SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Sugar free.
Contains bovine collagen.

Taking other medicines with SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Do not share medicines prescribed for you with any other person.
Always take SOLAL® COLLAGEN INTENSIVE SKIN THERAPY exactly as instructed. You should check with your doctor or pharmacist if you are unsure.

The usual dosage is:
Adults: Take 1 heaped scoop of SOLAL® COLLAGEN INTENSIVE SKIN THERAPY mixed in a glass of water daily, or may be added to any food or beverage of your choice (e.g. smoothies, cereal, yogurt, salad dressings or beverages), at room temperature.
Children: Not suitable for children.

If you take more SOLAL® COLLAGEN INTENSIVE SKIN THERAPY than you should

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you forget to take a dose of SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY can have side effects. Side effects might include mild gastrointestinal disturbances (stomach upset).

Not all side effects reported for SOLAL® COLLAGEN INTENSIVE SKIN THERAPY are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking SOLAL® COLLAGEN INTENSIVE SKIN THERAPY, please consult your healthcare provider for advice.
If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Store all medicines out of reach of children.

Store at or below 25 °C.

Store in the original package / container.

Keep the container tightly closed.

Protect from moisture.

Do not store in a bathroom.

Do not use after the expiry date stated on the label / bottle.

Do not use SOLAL® COLLAGEN INTENSIVE SKIN THERAPY if you notice visible signs of deterioration.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

A white plastic container with a white plastic screw cap, containing a white plastic scoop.

IDENTIFICATION OF SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Cream coloured, fine granular powder.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

PROFESSIONAL INFORMATION

For further information refer to the Professional Information of the product.

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Consumer Brands (Pty) Ltd
1 Carey Street
Wynberg, Gauteng 2090
South Africa
+27 11 036 9420

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

PASIENTINLIGTINGSBLAADJIE

SKEDULERINGSTATUS

Ongeskeduleer

HANDELSNAAM EN DOSEERVORM

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY, poeier

Lees die hele inligtingsblaadjie noukeurig deur, dit bevat belangrike inligting vir jou

Die doel van verskikbaarheid is die doeltreffendste en veiligste manier om goeie voeding, gesondheid, liggamsamestelling sowel as gestelike en fisiese prestasies te bewerkstellig.

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY is beskikbaar sonder 'n doktersvoorskrif om minder ernstige siektes te behandel. Jy moet egter nog steeds SOLAL® COLLAGEN INTENSIVE SKIN THERAPY versigtig gebruik om die beste resultate te verkry.

- Hou hierdie voulietjies, dit mag dalk nodig wees om dit weer te lees.
- Moenie SOLAL® COLLAGEN INTENSIVE SKIN THERAPY met enige ander persoon deel nie.
- Raadpleeg jou gesondheidsorgverskaffer of apteeker indien jy meer inligting of advies benodig.

WAT SOLAL® COLLAGEN INTENSIVE SKIN THERAPY BEVAT

Die aktiewe bestanddele in 10 g is:
Collagen peptide (Gehidroliseerde tipe I kollageen) 9 880,0 mg
Natriumhialuronaat 120,0 mg

WAARVOOR SOLAL® COLLAGEN INTENSIVE SKIN THERAPY GEBRUIK WORD

Kategorie D Komplementêre Medisyne
Dissipline 34.3 Gesondheidsaanvullings, Dier Ekstrakte, Produkte en Derivate

Herstel vel kollageen en stimuleer nuwe kollageen groei.

Herstel, herstruktureer en vernuwe vel saggheid.

Hidreëer en beskerm die vel.

Verbeter vel saagtheid teen versigtig plooië.

Bevorder gesonde hare, vel en nags.

Onderhoud van goeie gesondheid en betrokke by proteïen sintese.

VOORBAT SOLAL® COLLAGEN INTENSIVE SKIN THERAPY GEBRUIK WORD

Moenie SOLAL® COLLAGEN INTENSIVE SKIN THERAPY gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie.
Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy getalle, veiligheid of beoogde gebruik nie.

Niem spesiale sorg met SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Indien jy lewer of niersiekte het of as jy opdrag gegee is om 'n proteïen dieet te volg, raadpleeg jou gesondheidsorgverskaffer voor gebruik.
Kollageen in SOLAL® COLLAGEN INTENSIVE SKIN THERAPY mag matige gastro-intestinale versteurings (maagversteuring) insluit.

Niem van SOLAL® COLLAGEN INTENSIVE SKIN THERAPY met voedsel en vloeistof

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY kan met water geneem word.

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY kan by enige voedsel of vloeistof van jou keuse (b.v. smoothies, ontbytpp, jogurt, slaaisouse of drinkgoed) wat kamertemperatuur is, gevoeg word.

Swangerskap en Borsvoeding

As jy swanger is of jou babu borsvoed, raadpleeg jou gesondheidsorgverskaffer voordat jy SOLAL® COLLAGEN INTENSIVE SKIN THERAPY gebruik.

Veiligheid tydens swangerskap en borsvoeding is nie vasgestel nie.

Belangrike inligting in verband met sommige van die bestanddele in SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Suikervry.

Bevat bevoelingslaan.

As jy ander medisyne saam met SOLAL® COLLAGEN INTENSIVE SKIN THERAPY neem

Stel altyd jou gesondheidsorgverskaffer in kennis indien jy enige ander medisyne gebruik.

HOE OM SOLAL® COLLAGEN INTENSIVE SKIN THERAPY TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie.
Neem SOLAL® COLLAGEN INTENSIVE SKIN THERAPY altyd presies soos aanbeveel. Bevestig mit jou dokter of apteeker indien jy onseker is.

Die normale dosering is:
Volwasse: Neem 1 oopgehoopde skep van SOLAL® COLLAGEN INTENSIVE SKIN THERAPY daaglik in 'n glas water gemeng, of kan by enige voedsel of vloeistof van jou keuse (b.v. smoothies, ontbytpp, jogurt, slaaisouse of drinkgoed) wat kamertemperatuur is, gevoeg word. Kinders: Nie geskik vir kinders nie.

Indien jy meer SOLAL® COLLAGEN INTENSIVE SKIN THERAPY gebruik as wat jy behoort

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteeker. Indien geneem beskikbaar is nie, kontak die naaste hospitaal of gifbehoersentrum.

Indien jy vergeet het om om SOLAL® COLLAGEN INTENSIVE SKIN THERAPY te neem

Moenie 'n dubbele dosis neem om vir oorgeslane dosisse te vergoed nie.

MOONTLIKE NEWE-EFFEKTE

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY kan moontlik nuwe-effekte veroorsaak.
Nuwe-effekte mag matige gastro-intestinale versteurings (maagversteuring) insluit.

Nie alle nuwe-effekte wat vir SOLAL® COLLAGEN INTENSIVE SKIN THERAPY aangemeld is word in hierdie voulietjies nie. Indien jou algemene gesondheid verswak of indien jy enige nadadige effekte ondervind tenwyl jy SOLAL® COLLAGEN INTENSIVE SKIN THERAPY gebruik, moet jy assabiel jou dokter, apteeker of ander gesondheidsorgverskaffer raadpleeg.
Indien jy enige nuwe-effekte waarneem wat nie in hierdie voulietjies genoem word nie, moet jy jou dokter of apteeker daarvan vertel.

BERGING EN WEGDOEN VAN SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Bewaar alle medikasie buite bereik van kinders.

Bewaar teen of benede 25 °C.

Bewaar in die oorspronklike houer.

Maak die houer dig toe.

Beskerm teen vlig.

Moenie die produk in die badkamer bewaar nie.

Moenie na die verduidelik wat op die etiket / bottel aangedui is, gebruik nie.

Moenie SOLAL® COLLAGEN INTENSIVE SKIN THERAPY gebruik indien jy enige sigbare tekens van produktekruisak opmerk nie.

Beoorg enige ongebruikte medisyne terug aan jou apteeker.

Moenie van ongebruikte medisyne ontsaak raak in dreine of rioolstelsels (bv. toilette).

AANBIEDING VAN SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

'n Wit plastiek houer met 'n wit plastiek skroef deksel wat 'n wit plastiek skepellei bevat.

IDENTIFIKASIE VAN SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

Fyn, roomkleurige korrel poeier.

REGISTRASIONOMMER

TBA

DATUM VAN REGISTRASIE

TBA

PROFESSIONELE INLIGTING

Verwys na die voulietjies met Professionele Inligting vir meer inligting.

NAAM EN BESIGHEIDSAADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Ascendis Consumer Brands (Pty) Ltd
1 Carey Street
Wynberg, Gauteng 2090
South Africa
+27 11 036 9420

DATUM VAN PUBLIKASIE VAN DIE PROFESSIONELE INLIGTING

TBA

Peel & read

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY

PROFESSIONAL INFORMATION

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

SOLAL® COLLAGEN INTENSIVE SKIN THERAPY, powder

COMPOSITION

Each 10 g contains:
Collagen peptides (Hydrolysed type I collagen) 9 880,0 mg
Sodium hyaluronate 120,0 mg
Sugar free

PHARMACOLOGICAL CLASSIFICATION

Category D Complementary Medicine
Discipline 34.3 Health Supplements, Animal Extracts, Products and Derivatives

PHARMACOLOGICAL ACTION

Sodium hyaluronate is a ubiquitous linear polysaccharide endowed with some exceptional physico-chemical properties such as strong hydration and visco-elasticity. It plays a variety of important roles in tissue hydration and mechanical protection.

Sodium hyaluronate is essential for the maintenance of skin moisture, and it promotes new skin cell formation and structure (by stimulating the proliferation of fibroblasts and keratinocytes).
Collagen peptides seem to improve skin hydration and elasticity in older adults.

Collagen is the source of the essential amino acids histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine and valine for the maintenance of good health and involved in protein synthesis.
Collagen is also the source of non-essential amino acids alanine, arginine, aspartic acid, glutamic acid, glycine, proline, serine and tyrosine involved in protein synthesis.

INDICATIONS

Restores skin collagen and stimulates new collagen growth.

Repairs, restructures, and rejuvenates skin cells.

Hydrates and protects the skin.

Improves skin suppleness and smooths wrinkles.

Promotes healthy hair, skin and nails.

Maintenance of good health and involved in protein synthesis.

CONTRAINDICATIONS

Do not use SOLAL® COLLAGEN INTENSIVE SKIN THERAPY if you are hypersensitive (allergic) to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS

Care should be taken if given to patients who have liver or kidney disease or follow a low protein diet.
Collagen in SOLAL® COLLAGEN INTENSIVE SKIN THERAPY may cause mild gastrointestinal disturbances.
This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

INTERACTIONS

There are no known interactions.

HUMAN REPRODUCTION

Safety during pregnancy and lactation has not been established.

DOSEAGE AND DIRECTIONS FOR USE

Adults: Take 1 heaped scoop of SOLAL® COLLAGEN INTENSIVE SKIN THERAPY mixed in a glass of water daily or may be added to any food or beverage of choice (e.g. smoothies, cereal, yogurt, salad dressings or beverages), at room temperature.
Children: Not suitable for children.

SIDE EFFECTS

Side effects might include mild gastrointestinal disturbances.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

Cream coloured, fine granular powder.

PRESENTATION

A white plastic container with a white plastic screw cap, containing a white plastic scoop.

STORAGE INSTRUCTIONS

Store at or below 25 °C. Keep the container tightly closed.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

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